



e-IAOH Newsletter

Official Website: www.iaohindia.com

July 9, 2013

National Occupational Health Day: 9th July Theme: BOHS- Way forward

Message from the President

Friends,

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We had been toying with the idea of an "e-IAOH Newsletter" to be sent as a quarterly email to all IAOH members who have email addresses. Since the IJOEM gained eminence as a premier Scientific Journal, at both national & international fora, we had to discontinue publishing Branch Reports, National Council Meetings, where Reports were read out by Branch Secretaries, were privy only to the Council members. Thus the Occupational Health fraternity was unable to get news about activities of other branches. Although Branch reports started appearing on the IAOH website, very few of our colleagues were able to look up the IAOH website & read the reports.

Occupational Health, as we all know is a lesser known field among the specialities in Medicine. It is extremely laudable that the founders of the IAOH, recognised its importance, established this organisation in the first half of the last century, to promote the cause of Occupational Health in India. And the IAOH has done very well but needs to do more, to increase awareness about OH.

It is very important therefore that when Branches undertake initiatives in OHSE, they are recognised and get due publicity. This also enthuses other branches to have activities of their own & can inspire others, where no branches exist, to get together & initiate similar activities. Thus the cause of Occupational Health is further strengthened.

The IAOH has also launched another initiative by putting up BOHS presentations on the IAOH website. Branch Committees are requested to utilise these presentations and hold seminars for various stake holders of Occupational health. This should include Medical Officers of Primary Health Care centres (PHCs) in various districts, the medical fraternity practising in industrial zones, safety engineers in industries both large & small, Industrial Associations etc. "BOHS-The Way Forward" is the Theme for the year 2013-14 & the Best Branch Award will be awarded on the basis of this theme next year.

We hope our members will enjoy this "E- Newsletter", which has a dynamic Editor in Dr Dileep Andhare, who has considerable experience in the field of OHSE. The Web Secretary Dr Divyang Shah has also contributed immensely to this initiative. We look forward to your responses & contributions and hope that this E-Newsletter will be a great success.

Warm Regards,

Dr Chaitanya Gulvady
President, IAOH.

*an "e-IAOH Newsletter" to
be sent as a quarterly
email to all IAOH
members who have email
addresses.*

Editor's Note

Dear Colleagues,

It gives us immense pleasure to present this electronic newsletter for IAOH members. We couldn't have found a better "Mahurat" for this launch than Occupational Health Day.

Friends, ensuring healthy and safe workplace needs much more than laws and supervision. As occupational health professionals, we need to be the catalysts and trigger "constructive reaction" between employers, employees, regulatory bodies, academicians and NGOs. Through this powerful medium, we wish to connect with you regularly.

We welcome suggestions, observations, contributions.. and also criticism. Happy browsing!

- Dr Dileep Andhare

Letters to the Editor

Please share your views, feedback, suggestions, information etc. to iaohwebsecretary@gmail.com.

We will be happy to publish in this newsletter.

11-14 Feb, 2014

National Conference of IAOH
at
Cidade de Goa, Goa

64th National Conference of IAOH

Dear All,

Block your dates for the **International Conclave on Occupational Health incorporating the 64th National Conference of IAOH** to be held at the world class 5 star resort 'Cidade de Goa', Goa from **February 11 - 14, 2014**.

The conference which is based on the theme **"Health and Wellness at the Workplace - Key Drivers for Sustainability"** will have Pre Conference Workshops, Orations, Guest Lectures, Symposiums, Panel discussions, Scientific Papers & Poster presentation providing platform for exchange of ideas and sharing of experiences on the subject by eminent persons both international and national in the field of Occupational & Environmental Health.

Apart from the rich scientific content, you all shall be treated with a range of entertainment & cultural activities, banquets with exotic dining options, sight seeing

Swaying palms, white sands and sparkling waters are just a few months away



Organising Chairmen:

- Dr Kishore Madhwani
- Dr N.N.Bhatiker

Organising Secretaries:

- Dr Dharmesh Parekh
- Dr Bishwadeep Paul

Looking forward to seeing you in Goa in February 2014 🙌😊

Branch Activities

MUMBAI

61st Annual Conference of IAOH, Mumbai Branch

IAOH - Mumbai Branch organised its 61st Annual Conference at The Mayfair Banquets, Mumbai on 20th & 21st April, 2013. The Conference which was based on the theme “Impact of Mental Health on Performance and Productivity” was attended by over 200 delegates, which included IAOH members from other Branches and Post-graduate students from medical colleges of Mumbai. Numerous non-IAOH members also participated in the 2-day Conference. Delegates & Speakers were awarded Credit hours by the ‘Maharashtra Medical Council’. A Preconference Workshop was organised on April 19th, 2013, at the Global Hospitals, Mumbai, on the subjects of Ergonomics, Noise Induced Hearing Loss and a session on Mental Health. The Workshop was attended by 30 delegates.

Dr. Vandana Shinde, Chairman of the Scientific Committee, ensured that the delegates were treated with a feast of scientific deliberations which included the theme based Gogate Symposium, Orations & experience sharing.

Chief Guest Mr. Vipul Shah, Chairman, CEO & President, Dow Chemical International Pvt. Ltd. inaugurated the Conference. Dr. K. M. Bhansali Memorial Oration of the Branch was awarded to eminent Urologist Dr. Madhav Kamat. The Worksafe India Oration was awarded to Dr. T. Rajgopal.

Eleven scientific sessions during the conference covered diverse topics. Hindustan Unilever Limited was declared the winner of ‘Dr. J.C.Kothari Shield for Excellence in Occupational Health’ for 2012-13. Ten Scientific papers were presented at the conference. Apart from the rich scientific content, the delegates were entertained by Karaoke & DJ music during the evening Banquet.



*“Impact of Mental Health on Performance and Productivity”
- theme of 61st Annual
Conference of IAOH, Mumbai
Branch*



IAOH JAMNAGAR

Following were highlights in this year.

- 1) IAOH Jamnagar branch organized a Gujarat State level conference on 2nd December 2012 at ‘Sharda’ Auditorium, Jamnagar on theme ‘Basic Occupational Health Services - A basic human right!’. For promotion of occupational health a two hours CME was organized for PHC doctors and PSM specialists.
- 2) An academic program at Hotel Aram by Dr B D Gupta gave participants useful information on Toxic gases .
- 3) The Branch membership has increase to 66 members in this year.
- 4) Reliance Industries, Group Medical Advisor Dr R Rajesh and CMO Dr Ashok Mewara inaugurated an AFIH course at Jamnagar on 31/03/2013 in collaboration with Mahatma Gandhi Labour Institute, Ahmedabad
- 5) Dr R Rajesh was nominated for best resource person award
- 6) 25 members attended a Guest lecture by Dr Santwani on Diabetes and the Role of Insulin in diabetes mellitus.



Starting of AFIH course in Saurashtra-kutch region with Mahatma Gandhi Labour Institute and IAOH Jamangar Branch



Pune

“Second Biennial conference 2012” was organized on December 9, 2012 at Hotel Le Meridien. **Mr Kishor Rathi**, Executive Chairman, Sudarshan Chemeicals graced the occasion as chief guest & inaugurated the conference.

Second IAOH Pune oration was awarded to Dr Kishor Madhwani, President, IAOH, Mumbai branch. Scientific sessions on various topics, Second IAOH Pune oration, panel discussions & scientific paper presentations were highlights of the conference.

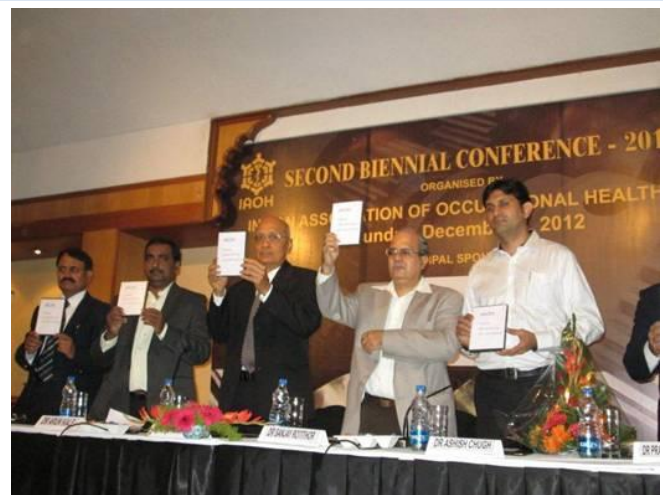
Eight stalls were also erected at venue to make members familiar with various healthcare services as well as recent development in field of Occupational Health & general medicine.

Around 75 participants attended the conference, making it a grand success. Maharashtra Medical council granted 2 credit hours for the daylong conference.

A DVD on “Pre-shift exercises & exercises at Desk” which was produced by IAOH, Pune was also released on this occasion. Two exercise capsules of 12 & 8 minutes each were formulated under guidance of Dr Anand Gangwal, noted Fitness expert & Sports Medicine Specialist.



Inauguration ceremony: “Second Biennial conference 2012” at Hotel le Meridien



Releasing DVD on “Pre-shift exercises & exercises at desk” produced by IAOH, Pune. (L-R Dr Raut, Dr Kale, Mr K L Rathi, Dr Rotithor & Dr Chugh).



Karnataka

AOHK Activities - June 2013

A CME was arranged on 15th June 2013 at 7.30 PM in connection with the “World Environment Day“ on 5th June & “ World No Tobacco Day “ on 31st May at Hotel Le Meridien, Bangalore.

This was the first meeting conducted by AOHK, after taking over by the new Executive Committee.

Dr. M. Thyagaraju, Hon. Secretary, AOHK welcomed the gathering.

The meeting was presided over by Dr. Sashikala Chandrasekar, President - AOHK.

To start with, a short documentary on “Global Warming “ was screened, which was appreciated by all.

It was mentioned in the meeting that the Members of AOHK will support this cause in all manner possible to the benefit of the working population and the general public for a Low Carbon future.

The meeting was sponsored by Narayana Health Hospitals & the faculty from the Hospital took part in the program.

Dr. N. Diwakar Goutham, Neuropsychiatrist spoke on “Smoking Cessation at Work place”. Dr. M.S. Sandeep, Medical Gastroenterologist spoke on “Occupational Health from a GI perspective ”. Both the topics generated lot of interest and it was a highly interactive session.

Mr. K. M. Sandeep, GM, Marketing briefed on the facilities available at the Narayana Health Hospitals.

The meeting ended with Vote of Thanks by Dr. Deepa, Treasurer, AOHK.

Odisha

World Health Day – 2013

IAOH, Odisha Branch organized a Health Awareness Programme on **HYPERTENSION** on eve of World Health Day at 4pm on 6th April – 2013 at HRD Centre, Rourkela Steel Plant, Rourkela. Sri G S Prasad, Chief Executive Officer, Rourkela Steel Plant delivered the key note address, while Mr. S N Roy, Executive Director (Works) spoke on the importance of regular BP checkup to reduce complications such as Strokes & Myocardial infarctions. Shri Dipankar Basu, Exec. Dir (P & A) highlighted the role of regular medications and stress free life to control BP. Welcoming the dignitaries, Dr S K Mishra, Director I/C, Medical & Health Services and President IAOH, Odisha Branch spoke on the morbidity pattern of Hypertension in Rourkela Steel Plant. Dr B N Sarkar, Sr Deputy Director, M & HS (Surgery) and Dr Anita Mohanty, Consultant (Medicines) were felicitated with Charak & Shushruta award by CEO, RSP respectively. Dr S K R Prusty, Joint Director (Medicine) presented a paper on Hypertension and Dr B B Rao, Director, M & HS concluded with a Vote of Thanks.



Delhi

The conferences and the meetings has been held on a) 26th February 2013 at India International Centre, New Delhi; b) 11th May 2013 at India Habitat Centre, New Delhi; c) 1st June at Park plaza , Noida, d) 16th June at India International Centre, New Delhi.

The doctors who delivered talk on the subject " BOHS - The way ahead " during these meeting and conferences were Dr. Rajiv Garg from ESIC, Dr. Divyang Shah from Cairns India, Dr. S.K.Sahoo - Ex. Gail India, Dr. Sandeep Sharma from Indian Oil , Dr. U.C.Ojha from ESIC, Dr. Ashish Mittal, Occupational Health consultant , Dr. R.K.Jain from Railways, Dr. Rathore from NTPC . They shared the Occupational Health Services provided in their organisation for the benefit of the workers and employees. The OH Services has improved their workers efficiency in their organisation.

The basic Occupational Health Services were also discussed. The non- communicable diseases like Diabetes Mellitus, Coronary Artery Diseases with life style modification and Alcoholic Liver diseases were discussed by Dr. Rajiv Garg - Medical Specialist, Dr. Deepak Lohati, Dr. Anil Arora, Dr. Sharad Malhotra - Gastroenterologist, Dr P.N.Chaudhary, Dr. Meenakshi Jain, Dr. R.K.Prasad - Diabetologist, Dr Amit Malik and Dr Aparna Jaiswal - Interventional Cardiologist in these conference.



News and Snippets

- **Training Modules on 'Basic Occupational Health Services' (BOHS) is available on website: www.iaohindia.com**
- A major fire in Motor Spirit (MS) Tank broke out at IOC Hazira Terminal.
The fire, which erupted at about 12.30 pm on Saturday, 5th Jan, 2013 in a diesel tank, was extinguished after 24 hours on Sunday. At least 75 fire tenders and 30 water tankers used more than 80 lakh liters of water and 70 lakh liters of foam to put out the fire.
Primary investigation report blames lapses by senior officials. [Read more...](#)
- You can search MCI registration number and details of a doctor online on its official website: [Click here.](#)
- Ministry of Labour and Employment, Govt. of India has published "NATIONAL POLICY ON SAFETY, HEALTH AND ENVIRONMENT AT WORK PLACE." Same is available on DGFASLI website. [Click here](#) to view / download it.

Upcoming Events

64 th IAOH Conference	Feb 11-14, 2014	Goa
MEDICHEM-2013	Nov-Dec'2013	Mumbai